



Every year, thousands of athletes strongman, representatives of the combat sports, and fitness enthusiasts from around the world come to Columbus (Ohio, USA). There is the festival of a legend in bodybuilding Arnold Schwarzenegger – “**Arnold Sports Festival**”.

American Kettlebell club takes part in this festival since 2006.

At the festival was first held in the discipline of competition **Kettlebell StrongMan** and **Strong Woman Sport!**

At the 2010 Arnold Fitness Expo, AKC Head Coach Valery Fedorenko performs **60 Reps**. Jerk with the **60kg** Kettlebell setting a new World Record!

You can see results of this kettlebell challenge [here](#) .